Message from the President

It is hard to believe the holidays are upon us. My year as president of LEADER has passed quickly and the organization has accomplished many initiatives over this year and I'd like to highlight a few.

As the oversight body for the Louisiana Dementia Partnership we have supported the grant application and subsequent statewide educational offerings to address antipsychotic usage in the state. Barbara Anthony and the Partnership members have worked tirelessly to address the issues identified in the prior year as limitations in moving the percentage in Louisiana. Comments and evaluations from the sessions have noted many benefits from the programs. We continue to support and commit to working to move Louisiana's ranking.

Michele Veillon and the Communication committee has been working on the redesign of our new website. We believe the features of the new site will assist in supporting LEADER through the membership and registration process for our educational offerings along with ease of access for reference materials. The new site is set to go live January 1, 2016.
Jeri Shread and the Education Committee has planned an exciting Summit for 2016. A number of national speakers will be in attendance along with pre-conference activities including site visits. Please hold the dates of March 16-17, 2016.

At the Pioneer Conference this year in Chicago LEADER made a great impression of Louisiana led by Lance Linscomb. We had over 20 members' second-line through the attendees in full costume to highlight our state. The Pioneer Conference will be held in New Orleans on July 31 to August 4th. We encourage you to attend and consider becoming involved as a speaker or presenter. We will be seeking out interest in volunteering for the event. More details will be shared as we receive.

I want to Thank the board and executive committee for their commitment and support over the past year. The accomplishments of an organization are reflective of their board and support of the members. Thank you all for this tremendous opportunity. I look forward to seeing you at the LEADER summit and Pioneer Network.

Thank you and Merry Christmas.

Jolie Harris

SAVE THE DATE
LEADER 7th ANNUAL SUMMIT
MARCH 16-17, 2016
PARAGON RESORT
MARKSVILLE, LA
BUILDING A BETTER TOMORROW WITH PERSON CENTERED CARE

Your LEADER Education Committee is hard at work preparing for Summit 2016.

The LEADER Culture Change Summit brings together leaders in long-term care and eldercare from across Louisiana and surrounding states for two days of networking. The 7th annual summit will once again be one of the premier events in the culture change movement, and it is not to be missed! Culture change comes in various shapes and sizes regardless of its setting. Our desire is to help you put the pieces together by Building a Better Tomorrow with Person Centered Care. This year's conference will deliver information that will impact you and make a difference in the lives of those you have committed to serve. Listed are just a few of the leaders in the culture change field that will be at the Summit:

Dr. Susan Wehry, M.D. - "Understanding and Communicating with Residents Living with mental Illness"

Dr. Wehry has a thirty-year career as a physician and board-certified geriatric psychiatrist during which time she has educated thousands of physicians, nurses,
medical students, ombudsmen, policy makers and direct care workers from Alaska to Louisiana on a variety of subjects, including mental health.

In 2002 and 2007, she participated in the Centers for Medicare and Medicaid Services national web-casts on mental health needs and individualized care planning in nursing homes and she has been a featured speaker at National Citizens' Coalition for Nursing Home Reform annual meeting. She received the 2002 Paul Dana Vanas award, presented by New York State Office for the Aging Long Term Care Ombudsman Program for commitment to excellence in long-term care.

Author of Oasis 2.0, an interdisciplinary person-centered model of care that has helped nursing homes throughout New England (and currently, Texas) transform care, support mental health recovery and reduce inappropriate antipsychotic use.

Adjunct Associate Professor of Psychiatry at the University of New England College of Osteopathic Medicine (UNECOM) and a former Commissioner of the Vermont Department of Disabilities, Aging and Independent Living.

In 2005, she participated in a three year project assisting Louisiana nursing homes hardest hit by Hurricanes Katrina and Rita and co-created the LPB video, "The Big Uneasy" which honors Louisiana's unsung heroes in long term care.

Shonda Boudet, GCM, ADN, PAC, Owner of Always Best Care Senior Services and Certified Geriatric Care Manager - "Positive Approach to Dementia"

For the past six years Shonda has worked with the elderly and educated those working with dementia, She owns and operates a home care agency in Baton Rouge that offers home care assistance and geriatric management services and has also provided care to her family members living with dementia. She is a certified Geriatric Manager and works closely with various dementia specialty service providers to improve, and optimize programs and services to people living with dementia, their care partners and family members. As a Positive Approach Certified trainer she works with individuals and care providers to help them identify problems in their approach to care and solve challenging situations.

Dr. Christine E. Wright, PhD, LOTR, LSUHealth - Shreveport, Associate Professor, Program in Occupational Therapy - "Mind/Body Medicine: The Indisputable Connection Between Thinking, Feeling and Physical Health"

Christine E. Wright, PhD, LOTR is an associate professor in the Occupational Therapy program at Louisiana State University Health Sciences Center - Shreveport. Dr. Wright has specialized in adult and older adult rehabilitation for 21 years and has been a professor of occupational therapy for the past 15 years. During her practice years, Dr. Wright used complementary interventions to support traditional medicine. However, as new information has come out about the efficacy of integrative medicine (combination of complementary and traditional medicine), Dr. Wright teaches students and professionals how to practice using both techniques together.

Darryl Ducote, LCSW, Diocese of Baton Rouge, Director of the Office of Marriage and Family Life - "On Fire or Burned-Out?"
Darryl is a licensed clinical social worker who has been in private practice for over 30 years. Darryl works with individuals, couples and families to help them deal with a variety of issues including anxiety, depression, trauma, grief and relationships. He has a background in both social work and theology with a Master's Degree in Social Work from LSU, as well as, Masters Degrees in Theology and Divinity from Notre Dame Seminary in New Orleans. He is a former diocesan priest and continues to serve the Church through involvement in RCIA, liturgy and adult formation. He is a member of the liturgical musical group known as the "Dameans", who have composed and recorded numerous musical compositions that are sung in churches throughout the country. In addition to his therapy practice, Darryl conducts workshops on prayer and spirituality, as well as, retreats and marriage enrichment courses for couples. Together with a colleague, Dr. Paul Ceasar and the staff of Catholic Life Television, he has co-authored and produced a marriage enrichment series entitled, "Partners on the Journey." Recently, Darryl was appointed the new Director of the Office of Marriage and Family Life for the Diocese of Baton Rouge. Darryl is married to Sharon Becnel Ducote, a teacher at St. Michael High School, and has helped to raise two stepdaughters, Rachael and Blair, who are currently students at LSU.

Don't forget our pre-summit events of 3 hours which will be held the first morning of the Summit. You will have the opportunity to attend a presentation by Sue Ann Guildermann, RN, BA, MA with Empira, who will be presenting on "The Resoritive Sleep Vitality Program: Providing Undisturbed Sleep at Night and Engaging Activities During the Day". Or touring one of two communities who are committed to culture change and have successfully built a better tomorrow with person centered care for their residents. They are Riviere Del Soleil and Oak Haven Nursing Home.

Registration will be open in January! We look forward to seeing you in March!

Jeri Shread

The Louisiana Dementia Partnership Coalition

The Louisiana Dementia Partnership Coalition has completed the following action steps.

LEADER has updated its website to include a "Dementia Care" link. This link supports all of the information regarding the Dementia Partnership Coalition project and incorporates web links/educational information that is user friendly and readily accessible.

You can also visit our site for information regarding Non-violent Crisis Intervention Training under the "Training" tab.

The coalition held 6 workshops throughout the state to train nursing home staff on reducing the use of antipsychotics in the nursing home setting. 170 nursing homes were represented with 567 participants.
The coalition held 6 clinician workshops throughout the state inviting physicians and nurse practitioners to discuss their role in helping to reduce the use of antipsychotics in the nursing home setting. There were 124 participants.

I want to thank everyone for their help in reducing the use of antipsychotics in our state. It is truly to team effort and together I know we can make a difference.

I wish everyone a Merry Christmas and a Happy New Year.

Barbara Anthony, RN, LNC
Project Coordinator
Dementia Partnership Project

Antibiotic Stewardship - What is it really?

Antibiotic stewardship is quite the hot topic, but what is it really, and how does it affect nursing homes? The intent of all antibiotic stewardship programs is to keep antibiotics from being overused and therefore decrease antibiotic resistant organisms. According to the CDC, up to 70 percent of nursing home residents receive one or more courses of systemic antibiotics each year. It is believed that 40 to 75 percent of those antibiotic courses are unnecessary or inappropriate. Over exposure to antibiotics in nursing homes can lead to serious adverse results in the resident. One of the most significant can be a Clostridium difficile infection, the most common-and sometimes fatal-cause of antibiotic-related acute diarrhea in nursing homes. But there is something you can do.

It is in a nursing home's best interest to put into place a strong antibiotic stewardship program to address this issue. No worry on how to get started though, the CDC offers a free step-by-step guide to assist you. The CDC recommends a seven core element approach that nursing homes may easily implement to improve antibiotic use. These seven CDC core elements are:

- Leadership commitment that demonstrates a facility's full support of safe and appropriate antibiotic use
- Accountability of leaders to promote and oversee stewardship activities
- Drug expertise in antibiotic use and stewardship, which is available for the facility
- Action to implement the recommended policies or practices to improve use, such as requiring an "antibiotic time-out" or review for all new antibiotic prescriptions
- Tracking measures of antibiotic use practices and outcomes
- Reporting data on antibiotic prescribing and appropriateness of use to facility staff
- Education for clinicians, nursing staff, residents, and families about antibiotic resistance and opportunities for improving use.

The CDC reports that a strong antibiotic stewardship program can slow the development and spread of antibiotic resistance organisms. Given this information, it is important for our resident's safety to implement a strong stewardship
agenda. Remember, you are not alone! Quality Insights and CDC has the resources necessary to help you protect your residents and provide for optimum resident outcome to get started today. Visit these sites for more information:

http://www.cdc.gov/longtermcare/prevention/antibiotic-stewardship.html
https://www.qualityinsights-qin.org/Resources.aspx

Thank you to our 7th Annual Summit Sponsors & Exhibitors

Diamond Level

Platinum Level

Gold Level
Agentive Healthcare
Carmichael’s Cashway Pharmacy
John Storm Medical Equipment
McNeary, Inc.
PCSA

Silver Level
The Oaks of Louisiana

Exhibitor
Medline Healthcare
Reliant Rehabilitation
Therapy Center

Click Here to Be Directed to the LEADER Website to View The 7th Annual Summit Sponsor & Exhibitor Opportunities